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2015 Greater Greenville Senior Sports Classic

April 20-24th

Registration deadline is April 10th

The numbers to know are 30 and 50. Adults 50 years of age and up now have only 30 days to register for one of the Upstate's premier sporting events- the 2015 Greater Greenville Senior Sports Classic.

The annual Classic, planned and supported by Greenville County Rec, is set for April 20-24th. Registration deadline is April 10th.

This popular event offers Olympics-style competitions and recreational sports at various Greenville County locations, and serves as a yearly reminder of the importance of year-round physical activity.

"It gives me a goal to shoot for," says Lou Carnevale, a 64 year old Greenville County resident. "It pushes me more, especially if I'm training for a running event." Lou participates in bowling, weightlifting, 200m run, 400m run, and 1500m run. Additional events available include badminton, basketball, shuffleboard, pickleball and more.

This year makes the debut of the "Come on Out Series," which encourages new athletes to join the fun and provides incentives for current athletes to experience new sports. The Series begins March 19th and runs through April 10th providing free access and training with specific sports.

For complete information and registration form for all things Senior Games please visit http://greenvillerec.com/event/greater-greenville-senior-sports-classic

Or call Joni at 288-6470 ext. 126 joni@greenvillecounty.org

Be Senior Strong in 2015!

