

No recourse shall be had for the payment of the principal of or the interest on this Bond, or for any claim based hereon, or otherwise in respect hereof, or based on or in respect of the Indenture or any indenture supplemental thereto, against any incorporator, stockholder, officer or director, past, present or future, of the Company or of any predecessor or successor corporation, whether by virtue of any constitution, statute or rule of law, or by the enforcement of any assessment or penalty or otherwise, all such liability being, by the acceptance hereof and as part of the consideration for the issue hereof, expressly waived and released.

This Bond shall not be valid or become obligatory for any purpose until the certificate of authentication hereon shall have been signed by the Trustee.

IN WITNESS WHEREOF, MID-CAROLINA TELEPHONE COMPANY has caused this Bond to be signed by its President or its Vice President and its corporate seal or a facsimile thereof to be affixed hereto and attested by its Secretary or Treasurer.

Dated as of October 1, 1980

MID-CAROLINA TELEPHONE COMPANY

By _____
President

Attest:

Secretary

[FORM OF TRUSTEE'S CERTIFICATE OF AUTHENTICATION]

This is one of the Bonds described in the within-mentioned Indenture.

BANCOHIO NATIONAL BANK
As Trustee

By _____
Authorized Officer

0349

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