30th day of June and December of each year commencing on the 30th day of December, 1959, until this Bond shall have been fully paid both as to principal and interest (and premium, if any).

This Bond is one of a duly authorized issue of Serial First Mortgage Trust Bonds, Second Series, maturing on the several dates provided in the Supplemental Trust Indenture designated as its 5½% Serial First Mortgage Trust Bonds, Second Series (herein sometimes referred to as the "Bonds"), and is one of a series of Bonds duly issued by the Company in the aggregate principal amount of five hundred thousand dollars (\$500,000.00), all of like date, tenor, effect and amount, being twenty-five (25) in number, each in the principal sum of twenty thousand dollars (\$20,000.00) maturing as follows: Bond No. 1 maturing June 30, 1960, Bond No. 2 maturing December 30, 1960, and in numerical sequence one maturing respectively on the 30th day of June and December in each year thereafter to and including June 30, 1972, at which time the last of said Bonds matures.

Each and all of said Bonds are issued under and together with two million dollars (\$2,000,000.00) of 53% Serial First Mortgage Trust Bonds, First Series, now outstanding, are equally and ratably secured both as to principal and interest by a Trust Indenture dated May 15, 1957, and the Supplemental Trust Indentures hereinbelow referred to and by this Supplemental Trust Indenture No. 4 dated September 10, 1959, executed by Southern Bakeries Company to Security National Bank of Greensboro, in Greensboro, North Carolina, as Trustee, reference to said original Trust Indenture dated May 15, 1957, and to the Supplemental Trust Indenture dated November 20, 1957, and to the Supplemental Trust Indenture No. 2 dated September 10, 1958, and to the Supplemental Trust Indenture No. 3 dated December 19, 1958, and to this Supplemental Trust Indenture No. 4 dated September 10, 1959, being hereby made for description of the properties conveyed, the stipulations upon which the Bonds are issued and secured, and the rights of the bondholders hereof including the terms and conditions upon which the Company may pay and retire this Bond before maturity.