

Me? Waste? What Waste?

I can hear you saying, "Heh, I'm just a kid. I don't make any waste!" The truth is, people (kids, included) throw away a lot of things. Did you know that each person creates about **4 POUNDS** of trash everyday? That is a lot of trash! We can all do our part to **REDUCE** the amount of waste we make everyday **before** it goes in the trash or recycling bin. To do so, we first need to:



- Become more aware of the things (products) we buy and use.
- Look at how the product is packaged. Is it wrapped in plastic? Paper? Glass? Is the wrapping much bigger than the product?
- Find out if the product is made from recycled materials, and if the product can be recycled or reused. **Important Fact:** A product that can be recycled is **not** always made from recycled material!

Let's find out what kind of waste you make everyday! Choose three things that you use daily. Cereal is the example used in the chart below. Write your answers in the chart. Share what you learn with your family, friends, teachers, and classmates.

KEEPING TRACK OF THE WASTE I MAKE! :-)

Thing I Use	cereal	1	2	3
Waste I Make!	cereal box, leftover cereal			
Disposal (Is the waste trashed, recycled, composted, reused, or shared?)	RECYCLE, REUSE for art projects			
How I Can REDUCE USE	Always BUY in BULK (large boxes) Stay away from single serving boxes. When you pour the cereal in your bowl, take only what you will eat.			

